

Social Suppers **October 2020 Menu** 913-381-3910 www.socialsuppers.com

Monday - Friday 10am – 6pm

Saturday 10am - 4pm

Closed on Sunday

Beef Entrees

KC Mac N Cheese This customer favorite includes smoked shaved brisket combined with three cheeses, finished with just a bit of BBQ sauce and a butter bread crumb topping. (Bake)

___ Full \$27.00 / ___ Half \$16.50

Mushroom Gouda Meatloaf Our special steak seasoning, creamy gouda cheese and mushrooms that the kids will not know are there. This Entrée is one of our top 10 most requested Entrées. (Bake, L&F)

___ Full \$27.00 / ___ Half \$16.50

Beef Stroganoff Tender beef bites with fresh mushrooms in a creamy gravy served over thick egg noodles. Comfort food to the Max! (Bake or Slow Cooker)

___ Full \$28.00 / ___ Half \$17.50

Beef & Black Bean Burritos Zippy and zesty these Individually wrapped burritos are perfect for lunches or snacks with the option to serve casserole style for a family meal. (Bake or Microwave)

___ Full \$26.00 / ___ Half \$16.00

Triple Cheese Baked Ziti Our kid testers gave this entrée a unanimous thumbs-up. Ziti noodles baked with marinara, ground beef and not one, but three cheeses! (Bake)

___ Full \$26.00 / ___ Half \$16.00

Chicken & Turkey Entrees

Potato Baked Chicken with Glazed Carrots Subtle spices combined with grated Parmesan and mashed potato flakes coat tender, juicy chicken breasts. Plus, we added a side of glazed carrots (Bake)

___ Full \$27.00 / ___ Half \$16.50

Korean Turkey Bowl This Korean Turkey Bowl makes a quick and fun meal that is loaded with flavor but low in calories. (Stovetop, GF Available, L&F, DF)

___ Full \$27.00 / ___ Half \$16.00

White Chicken Chili One dish supper made with diced white chicken, green chilies, diced tomatoes, and white beans with a taco flare. (L&F, GF, DF, Stovetop, Vegetarian Available)

___ Full \$27.00 / ___ Half \$16.00

Italian Chicken & Snap Peas

This Lightly bread chicken breast that are baked and topped with a buttery Italian sauce, it is a kid fav. (L&F, Bake)

___ Full \$27.00 / ___ Half \$16.50

Oven Fried Coconut Chicken Tenders Everyone will devour these chicken tenders that are crusted in a crispy coconut breading and offered with a sweet dipping sauce (Bake, L&F)

___ Full \$27.00 / ___ Half \$16.50

New - Southwest Pollo Bowl

This one skillet dinner includes all-natural diced white chicken bites browned and mixed with a medley of southwest seasoned veggies. (Stovetop, L&F, DF, GF)

___ Full \$27.00 / ___ Half \$16.50

October Soups

NEW- Christine's Italian Tortellini, Baked Potato, Farmhouse Chicken Noodle, Creamy Chicken Enchilada
Full = \$27.00 Half = \$16.50

Pork Entrees

Creamy Italian Tortellini Cheese filled tortellini in a light cream cheese sauce with petite diced tomatoes, sausage crumbles and a zesty Italian seasonings. (Stovetop)

___ Full \$27.00 / ___ Half \$16.50

Whiskey Cider Pork Chops w/ Cinnamon Apples Whiskey marinated tender pork chops surrounded by sliced apples in a sultry cinnamon sauce. (Stovetop, GF, L&F, DF)

___ Full \$27.00 / ___ Half \$16.50

French Country Casserole This customer favorite is a combination of Great Northern, Kidney, Black Beans, vegetables, and Andouille sausage in a thick flavorful gravy. (Vegetarian available, L&F, GF, Stovetop, Vegetarian Available)

___ Full \$27.00 / ___ Half \$16.50

Apple Cranberry Pork Tenderloin This tenderloin has the great flavors of apple, cinnamon, cranberries, and ginger to make the most perfectly tender pork tenderloin. (Bake or Slow Cooker DF, L&F, GF)

___ Full \$27.00 / ___ Half \$16.50

Italian Sausage in Vodka Tomato Cream Sauce Homemade vodka tomato cream sauce served over Penne Pasta with mouthwatering Italian sausage is one of Social Suppers customers favorites! (Stovetop)

___ Full \$27.00 / ___ Half \$16.50

Fish & Shrimp Entrees

Tortilla Crusted Cod with Santa Fe Corn & Black Beans We have given cod a crunchy coating with crushed tortillas and seasoned them with lime juice, cilantro, chili powder and cumin. (Bake, GF, L&F)

___ Full \$27.00 / ___ Half \$16.00

Whitefish Veracruz A fresh and zesty recipe full of tomatoes, capers, onions, orange juice and cumin combine in a colorful sauce served over heart healthy Tilapia Fillets. (Stovetop, L&F)

___ f \$27.00 / ___ h \$16.00

Big Bang Shrimp Our healthy take on Bang Bang Shrimp. Tender shrimp tossed in a light spicy sauce, served over rice we provide. Perfect for a quick, light dinner with a Big Bang taste! (L&F, GF)

___ Full \$27.00 / ___ Half \$16.50

Cajun Shrimp Jen's Favorite: Shrimp mixed with an eye-opening blend of Cajun seasonings; sundried tomato cream sauce served over a bed of linguini. (GF Available, Stovetop)

___ Full \$27.00 / ___ Half \$16.50

Vegetarian Entrée

Broccoli Cheddar Quiche This Quiche Features Broccoli and cheddar cheese, a combination that works every time. This one will be a crowd-pleaser for sure! (L&F, Bake)

___ Full \$27.00 / ___ Half \$16.00

Spinach Artichoke Calzones

Calzone crust stuffed with a blend of creamy white cheeses, chopped green spinach and delicious artichokes then baked to a crispy, golden brown. (Bake)

___ Full \$27.00 / ___ Half \$16.00

New - Four Cheese Ravioli with Pumpkin Cream Sauce

Four Cheese Ravioli smothered in an Autumn seasoned pumpkin cream sauce. So, to get my kids to eat it, I kept the "Pumpkin" sauce part to myself and they loved it! (Bake, L&F)

___ Full \$27.00 / ___ Half \$16.00

Full Size = 6 Servings

Half Size = 3 Servings

Desserts**\$13.00 ea.**

- ___ Gourmet Chocolate Chip Cookie Dough
- ___ Emma's Extra Chocolate Chip Cookie Dough
- ___ Chocolate Fudge Pie
- ___ Apple Berry Crisp
- ___ Oatmeal Caramel Delight
- ___ Pumpkin Donut Holes
- ___ White Chocolate Blueberry Buckle

Appetizers

- ___ Buffalo Chicken Dip \$11
- ___ Bleu Cheese & Bacon Dip \$11
- ___ Spinach Artichoke Dip \$11

Side Items – Serves Full 6 / Half 3

- ___ Asparagus Pesto Quinoa \$12/\$7
- ___ Cinnamon Apples \$8
- ___ Corn Soufflé \$8/\$5
- ___ Exotic Grains \$9
- ___ Glazed Carrots \$8
- ___ Italian Green Beans \$8
- ___ Mac & Cheese \$9/\$5
- ___ Santa Fe Corn w/Black Beans \$7
- ___ Sesame Sugar Snap Peas \$8
- ___ Spinach Quinoa \$12/\$7
- ___ Tuscan Vegetables w/ Herb Butter \$8
- ___ Chocolate Chip Energy Bites \$13
- ___ Cranberry Almond Energy Bites \$13

Breads

- ___ Cheddar Garlic Biscuits \$7
- ___ Garlic Toast \$5
- ___ Dinner Rolls \$4
- ___ Cranberry Orange Scones \$8
- ___ Cinnamon Scones \$8
- ___ Blueberry Scones \$8

Potatoes

- ___ Sweet Potato Tater Tots w/Aioli Sauce \$9
- ___ Roasted Baby Bakers \$8
- ___ Roasted Red Potato Wedges \$8
- ___ Sweet Potato Fries \$7
- ___ World's Best Mashed Potatoes \$9/\$5

October Family 10 Meal Deal**KC Mac N Cheese****Beef & Black Bean Burritos****Triple Cheesy Baked Ziti****Potato Baked Chicken with Glazed Carrots****Oven Fried Coconut Chicken Tenders****Italian Sausage in Vodka Tomato Cream
Sauce****Creamy Italian Tortellini****Apple Cranberry Pork Tenderloin****Whitefish Veracruz****White Chicken Chili****Full = \$238.00 Half = \$133.50****(Each Entree Serves 6) (Each Entrée Serves 3)****Tax not included****Lite & Fit 10 Meal Deal**

All entrees are under 800mg of Sodium and under 400 calories per serving.

Italian Chicken with Snap Peas**Mushroom Gouda Meatloaf****Korean Turkey Bowl****Whisky Cider Pork Chops w/Cinnamon Apples****Southwest Pollo Bowl****Four Cheese Ravioli with Pumpkin Sauce****Tortilla Crusted Cod Filets****Big Bang Shrimp****Broccoli Cheddar Quiche****Oven Fried Coconut Chicken Tenders****FULL \$240.00 HALF \$134.00****Tax not included****(L&F) Lite & Fit Entrée Low sodium low calorie (GF) Gluten Free****(DF) Dairy Free(V) Vegetarian (GF & DF) Available = A substitution is available to make an item gluten free, dairy free or vegetarian. While we strive to ensure our gluten/dairy free items are safe for your diet, we cannot guarantee with 100% confidence that cross-contamination between ingredients will not occur.*****Prices Subject to change**