## Beef Entrees

Baked Italian Spaghetti This simple, yet sophisticated dish combines a layer of spaghetti, seasoned tomatoes in a delicious meat sauce with our secret filling. (Bake)

Full $\$ 33.00$ I_Half $\$ 18.00$
Mushroom Gouda Meatloaves OR Hamburgers Our special steak seasonings, creamy gouda cheese \& fresh finely chopped mushrooms are what makes this Meatloaf a top 10 Social Suppers Favorite! Or, they make super yummy burgers, you choose! (Bake, L\&F)

Full $\$ 33.00$ / $\qquad$ Half $\$ 18.00$
Fiesta Taco Bake All the great flavors of tacos all in one delicious dish with a twist the kids will love, Pasta! (Stovetop \& Bake)

Full $\$ 33.00$ I__Half $\$ 18.00$
Hawaiian Meatballs with Rice These meatballs are smothered in a sweet \& savory homemade Hawaiian BBQ Sauce with Pineapple \& Asian Veggies all severed over steaming rice. (L\&F, Stovetop)

Full $\$ 33.00$ I $\qquad$ Half \$18.00
Lasagna Wraps Savory ground beef crumbles with three tasty tempting cheeses, Italian seasoning and fresh spinach rolled up under thick, chunky marinara. (Bake, L\&F)

Full \$33.00 I_Half \$18.00
Tamale Beef Bake We're talking comfort food to the max with enchilada sauce, spiced ground beef, black beans, green chilies, cheddar jack cheese and finally topped with our Corn Souffle. (Bake)

Full $\$ 33.00$ /
Half $\$ 18.00$

## Chicken/Turkey Entrees

Chicken Enchiladas with Queso Sauce Tender chicken served up Mexican-Style with sour cream, tomatoes, diced onions \& 2 cheeses all wrapped in flour tortillas then topped with creamy queso sauce. (Bake)

Full $\$ 33.00$ I_Half $\$ 18.00$
Classic Chicken Pot Pie Don't miss our kid friendly take on a classic recipe complete with chicken, mixed vegetables, a rich homemade cream sauce topped with a flaky crust. (Bake, L\&F)

Full $\$ 33.00$ I__Half $\$ 18.00$
Cranberry Chicken Salad OR Wraps We've stuffed a 10 " flour tortilla with crunchy celery, diced white chicken, creamy mayonnaise, Greek yogurt, Craisins, and pecans. Or just get the Chicken salad all by itself, it's the perfect lunch or supper! (Thaw \& Eat, L\&F without the wrap)

Full \$33.00 / $\qquad$ Half $\$ 18.00$
Chicken Piccata An elegant and easy Italian classic. Tender chicken breasts finished with a tangy lemon, caper garlic sauce (L\&F, DF, GF Available)

Full $33.00 /$ Half $\$ 18.00$
Pesto Chicken with Bowtie Pasta Nut Free Basil pesto is the secret ingredient to these lightly breaded chicken bites served with pasta tossed with extra sauce. (L\&F, Stovetop)

Full \$33.00 I $\qquad$ Half \$18.00

Parmesan Crusted Chicken with Alfredo Sauce Kids love these Juicy chicken breasts coated with a buttery Ritz Cracker Parmesan cheese breading then drizzled with a creamy alfredo sauce. (Bake)

Full $\$ 33.00$ I__Half $\$ 18.00$ Thai Chicken Wraps These Chicken Wraps are delightfully fresh and tantalizingly tasty! They are loaded with Slaw mix, Fresh Peppers, diced white chicken all coated in a zippy peanut sauce. (DF, V Available, Thaw \& Serve)

Full $\$ 33.00$ I__Half $\$ 18.00$
Greek Style Turkey Burgers The best turkey burger EVER! Feta cheese with Oregano, garlic and spices galore will be a feast for your palate! (Grill or Stovetop, L\&F, GF without the Bun)

Full $\$ 33.00$ I__Half $\$ 18.00$

## Breakfast Items

New - Mason's Mexican Breakfast Casserole This southwest style breakfast casserole includes all your favorite breakfast items in one dish. (GF, Bake)

Full $\$ 33.00$ I__Half $\$ 18.00$
Hearty Breakfast Sandwiches We cannot make these biscuits, egg, sausage, and cheese breakfast sandwiches fast enough. These are perfect for a quick Breakfast, Lunch or Dinner! (Microwave)

Full $\$ 33.00$ / $\qquad$ Half $\$ 18.00$
Quiche Lorraine Quiche Lorraine is a classic French quiche with bacon and Swiss cheese. This easy, elegant dish makes a delicious brunch, lunch, or even dinner! (Bake, L\&F)

## Full $\$ 40.00$ I _ Half $\$ 20.00$

## Soups

Baked Potato Soup This soup has all the flavors of a loaded baked potato. Bacon, cheddar cheese, sour cream, and green onion. Instant comfort in a bowl! (Stovetop)

Full $\$ 33.00$ I Half \$18.00
Creamy Italian Tortellini Cheese filled tortellini in a light cream cheese sauce with petite diced tomatoes, sausage crumbles and zesty Italian seasonings. (Stovetop)

Full $\$ 33.00$ I__Half $\$ 18.00$
Skinny Mini Tortilla Soup Hearty Lite \& Fit soup filled with black beans, crisp corn, tender white meat chicken bites, cheddar cheese and crunchy corn tortilla chip garnish. (L\&F, GF, Stovetop)
__ Full Entrée $\$ 33.00$ / Half Entrée \$18.00

## Pork Entrees

Bacon Wrapped Pork Filets with Red Rocks Rub These Apple smoked bacon wrapped Pork filets are a customer favorite! The special Red Rocks Rub we created works perfect with these tasty treats. (L\&F, Grill or Bake DF, GF)

Full $\$ 33.00$ I_Half $\$ 18.00$
New - Korean Pork Tenderloin Grilled or Baked Pork Tenderloin marinating in our homemade Korean BBQ sauce. The special mix of Korean spices makes this tender pork loin so tasty! (Grill or Bake, L\&F)

Full $\$ 33.00$ /
Half \$18.00
Mojo Cuban Pork Perfectly seasoned pulled pork, black beans, sliced onions, red \& green peppers topped with an amazing homemade cilantro lime sauce all served over rice. (L\&F, GF, DF, Stovetop)

Full $\$ 33.00$ I $\qquad$ Half $\$ 18.00$

Pulled Pork Sandwiches with Oven Fries Healthy, delicious and fast! Enjoy Seasoned shredded pork in a tasty KC BBQ sauce served on a bun. Plus, a side of Oven Fries (Stovetop \& Oven)

Full $\$ 33.00$ / $\qquad$ Half $\$ 18.00$
Stuffed Pork Chops Jen's Favorite! These thick 6oz. pork chops are filled with a savory, spiced cornbread stuffing. Just pop in the oven and supper is done! (Bake, L\&F)

Full \$33.00 I $\qquad$ Half $\$ 18.00$
Italian Sausage in Vodka Tomato Cream Sauce Social Suppers homemade vodka tomato cream sauce with mouthwatering Italian sausage slices served over penne pasta. (Stovetop)

Full Entrée $\$ 33.00$ / $\qquad$ Half Entrée \$18.00
Pork Carnitas Burritos with Cilantro Lime Rice Scrumptious pulled pork paired with black beans, Monterey Jack cheese, white onions, and a rainbow of peppers wrapped in a flour tortilla with our fabulous cilantro lime rice.
$\qquad$ Full Entrée $\$ 33.00$ / $\qquad$ Half Entrée $\$ 18.00$
Fish \& Shrimp Entrees
Lemon Garlic Shrimp with Pasta Seasoned Shrimp cooked in a lemon garlic butter then served on a bed of linguine and is ready in 30 minutes! (Stovetop, L\&F)
___Full $\$ 33.00$ I $\qquad$ Half $\$ 18.00$

Fish But More Fun Light, flaky Tilapia layered with lemon, crunchy breadcrumbs, Cheddar and Parmesan cheeses. It's fish...but WAY more fun! (L\&F, Bake)

Full $\$ 33.00$ I $\qquad$ Half $\$ 18.00$
Spiced Rubbed Salmon It is high in lean protein, amino acids, and essential fatty acids. Our heart healthy recipe is dry rubbed with a blend of brown sugar and chili powder. (L\&F, GF, DF, Bake)

Full $\$ 33.00$ I Half $\$ 18.00$
Crispy Baked Cod It's a Friday night fish fry - with a twist. This 30-minute cod is baked, not fried, but still has a satisfyingly crispy, crunchy crust. (L\&F, Bake)

Full $\$ 33.00$ _ _Half $\$ 18.00$
Asian Shrimp Stir Fry This Shrimp has a fantastic Asian flavor, thanks to the soy sauce and sesame oil, along with a couple secret ingredients. Served with rice and Japanese style veggies.
(Stovetop, DF)
Full $\$ 33.00$ I
Half \$18.00

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\begin{aligned}
& \text { Lite \& Fit } 10 \text { Meal Deal } \\
& \text { All entrees are under } 800 \mathrm{mg} \text { of Sodium and under } \\
& 400 \text { calories per serving. } \\
& \text { Mushroom Gouda Meatloaves } \\
& \text { Lasagna Wraps } \\
& \text { Chicken Piccata } \\
& \text { Classic Chicken Pot Pie } \\
& \text { Skinny Mini Tortilla Soup } \\
& \text { Mojo Cuban Pork } \\
& \text { Korean Pork Tenderloin } \\
& \text { Stuffed Pork Chops } \\
& \text { Spiced Rubbed Salmon } \\
& \text { Lemon Garlic Shrimp with Pasta } \\
& \text { Full = \$300.00 Half = \$150.00 } \\
& \text { Tax not included. }
\end{aligned}
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Vegetarian
Lasagna Wraps Three tasty tempting cheeses, Italian seasoning and fresh spinach rolled up under thick, chunky marinara. (Bake, L\&F,)

Full Entrée $\$ 33.00$ / $\qquad$ Half Entrée \$18.00

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Ravioli with Roasted Red Pepper Sauce A light and creamy sauce with pureed roasted red sweet peppers and smoked gouda, paired with plump ricotta cheese ravioli. (L\&F, V, Bake)
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Full Entrée $\$ 33.00$ I __ Half Entrée $\$ 18.00$
Sweet Potato Burritos An amazing medley of Sweet Potatoes, Black Beans, Monterey Jack Cheese, and an array of southwest seasonings wrapped in a flour tortilla. (Oven or Microwave)

Full Entrée \$33.00 / $\qquad$ Half Entrée \$18.00

## Family 10 Meal Deal

Baked Italian Spaghetti
Hawaiian Meatballs with Rice
Chicken Enchiladas with Queso Sauce
Pesto Chicken with Bowtie Pasta
Parmesan Crusted Chicken with Alfredo Sauce

## Pulled Pork Sandwiches with Oven

 FriesItalian Sausage in Vodka Tomato Cream Sauce

Ravioli with Roasted Red Pepper Sauce

Asian Shrimp Stir Fry
Fish But More Fun
Full $=\$ 300.00$ Half $=\$ 150.00$
(Each Entree Serves 6) (Each Entrée Serves 3)
Tax Not Included

Desserts
$\$ 13.00$ each
Gourmet Chocolate Chip Cookie Dough
Emma's Extra Chocolate Chip Cookie Dough
Chocolate Fudge Pie
Apple Berry Crisp
Oatmeal Caramel Delights
Peanut Buster Pie
Dreamy Strawberry Dessert

## Family 10 Meal Deal

Baked Italian Spaghetti
Hawaiian Meatballs with Rice

## Chicken Enchiladas with Queso Sauce

Pesto Chicken with Bowtie Pasta
Parmesan Crusted Chicken with Alfredo Sauce

Pulled Pork Sandwiches with Oven Fries

Italian Sausage in Vodka Tomato Cream Sauce

Ravioli with Roasted Red Pepper Sauce

Asian Shrimp Stir Fry
Fish But More Fun
Full = $\$ 300.00$ Half $=\$ 150.00$
(Each Entree Serves 6) (Each Entrée Serves 3)
Tax Not Included
(L\&F) Lite \& Fit Entrée Low sodium low calorie (GF) Gluten Free (DF) Dairy Free (V) Vegetarian or (VA) Vegetarian Available A request for a substitution is available to make an Item gluten free, dairy free or vegetarian. While we strive to ensure our gluten/dairy free items are safe for your diet, we cannot guarantee with $100 \%$ confidence that cross-contamination between ingredients will not occur. *Prices Subject to change
Full Size serves $6 \quad$ Half Size serves 3

## Appetizers

Buffalo Chicken Dip ..... \$11
Spinach Artichoke Dip ..... \$11
New - Jalapeño Popper Dip ..... \$11
Side Items - ServesFull 6 / Half 3
Cinnamon Apples ..... \$9

- Corn Soufflé ..... \$9/\$5
- Glazed Carrots ..... \$9
Italian Green Beans ..... \$9
Broccoli Parmesan ..... \$9
Mac \& Cheese ..... \$10/\$5
Sesame Sugar Snap Peas ..... \$9
Spinach Quinoa ..... \$12/\$7
Tuscan Vegetables w/ Herb Butter ..... \$9
Chocolate Chip Energy Bites ..... \$14
Cranberry Almond Energy Bites ..... \$14
Breads
Cheddar Garlic Biscuits ..... \$8
Garlic Toast ..... \$5
Dinner Rolls ..... \$4
Cranberry Orange Scones ..... \$10
Cinnamon Scones ..... \$10
Blueberry Scones ..... \$10
Potatoes
Sweet Potato Tater Tots w/Aioli Sauce ..... \$9
Roasted Red Potato Wedges ..... \$9
Sweet Potato Fries ..... \$9
World's Best Mashed Potatoes ..... \$10/\$5
Au Gratin Potatoes ..... \$12
Lite \& Fit 10 Meal Deal
All entrees are under 800 mg of Sodium and under 400 calories per serving.
Mushroom Gouda Meatloaves Lasagna Wraps Chicken Piccata Classic Chicken Pot Pie Skinny Mini Tortilla Soup Mojo Cuban Pork Korean Pork Tenderloin Stuffed Pork Chops
Spiced Rubbed Salmon
Lemon Garlic Shrimp with Pasta Full $=\$ 300.00$ Half $=\$ 150.00$

