

Social Suppers January 2022 Menu 913-381-3910 www.socialsuppers.com

Monday - Friday 10am – 6pm Saturday 10am - 4pm Closed on Sunday

Beef Entrees

Loaded Calzones These delicious calzones are loaded with pepperoni, sausage, black olives, onions, green peppers, pizza sauce & mozzarella cheese. (Bake, **Vegetarian Available**)
___ Full \$28.00 / ___ Half \$16.75

Julie's Beef Quesadilla Casserole Julie's delicious southwest blend of ground beef, crisp diced onions, black beans & corn layered between corn tortillas and topped with cheddar jack cheese. (Bake, GF)
___ Full \$28.00 / ___ Half \$16.75

Meatball Sub Sandwiches Quick and easy Italian Meatball subs that the kids will love. Ready in less than 30 minutes. (Stovetop/Bake)
___ Full \$28.00 / ___ Half \$16.75

Mushroom Gouda Meatloaf Our special steak seasonings, creamy gouda cheese sauce and fresh finely chopped mushrooms are what makes this Meatloaf a top 10 Social Suppers Favorite! (Bake, **L&F**)
___ Full 28.00/ ___ Half \$16.75

Lasagna Wraps Savory ground beef crumbles with three taste tempting cheeses, Italian seasoning and fresh spinach rolled up under thick, chunky marinara. (Bake, **L&F**, Vegetarian Available upon request)
___ Full \$28.00 / ___ Half \$16.75

Swedish Meatballs A traditional dish that will have your whole family screaming for more. Seasoned meatballs in a creamy, rich white sauce served over egg noodles. (Stovetop)
___ Full \$28.00 / ___ Half \$16.75

Chicken & Turkey Entrees

Cranberry Chicken Salad or Wraps Tender diced chicken combined with Greek yogurt, a touch of real mayo, chopped celery, onion and dried cranberries. (Thaw & Eat)

Wraps ___ Full \$28.00 / ___ Half \$16.75

Salad ___ Full \$27.00 / ___ Half \$16.50 (**L&F**)

Lemon Chicken with Angel Hair Pasta Super delicious and easy. Fresh squeezed lemon and Rosemary infused over golden brown chicken breasts served over angel hair pasta. (**L&F**, **DF**, Stovetop)
___ Full 28.00/ ___ Half \$16.75

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Parmesan Chicken with Dipping Sauce Chicken Breasts breaded in a garlic parmesan panko mixture and baked to crispy perfection. Served with a delicious dipping sauce. (**L&F**, Bake)
___ Full \$28.00 / ___ Half \$16.75

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Cran B Que Chicken Send your taste buds soaring! Juicy chicken breasts baked in a sweet cranberry glaze. (Bake, **DF**, **L&F**, **GF**)
___ Full \$27.00 / ___ Half \$16.50

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Mediterranean Chicken Boneless Chicken breasts baked in a lemon parsley marinade featuring feta cheese and red peppers. This is a beautiful dish to serve any time of the year. (**L&F**, **GF**, Bake)
___ Full \$28.00 / ___ Half \$16.75

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Chicken Spiedini Social Suppers invites you to try this classic Italian dish served with a light lemon garlic vinaigrette that you'll love. (Bake, **L&F**, **GF** available)
___ Full \$28.00 / ___ Half \$16.75

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Korean Turkey Quinoa Bowl This Turkey Bowl makes a quick and fun meal that is loaded with flavor but low in calories. (Stovetop)
(GF Available, **L&F**, **DF**)

(GF Available, **L&F**, **DF**)

___ Full \$28.00 / ___ Half \$16.75

Pork Entrees

Creamy Pork Enchiladas Slow Cooked Shredded Pork, three creamy cheeses, BBQ Sauce all wrapped around penne pasta topped with seasoned panko breadcrumb. (Bake)
___ Full \$28.00 / ___ Half \$16.75

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Asian Pork Tenderloin with Peanut Sauce This tender pork is marinated to perfection and then served with a homemade peanut sauce. We can't wait for you to try this one! (**L&F**, **DF**, Grill or Bake)
___ Full \$28.00 / ___ Half \$16.75

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Tahoe Brunch Bake Terrific for brunch or supper! A frittata with a bread crust, fresh green onions, mushrooms, melted Cheddar Cheese and breakfast sausage. (Bake)
___ Full \$28.00 / ___ Half \$16.75

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Italian Sausage in Vodka Tomato Cream Sauce Social Suppers homemade vodka tomato cream sauce with mouthwatering Italian sausage slices served over penne pasta. (Stovetop)
___ Full \$28.00 / ___ Half \$16.75

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Whiskey Cider Pork Chops with Cinnamon Apples Whiskey marinate tender pork chops surrounded by sliced apples in a sultry cinnamon sauce. (**L&F**, **GF**, **DF**, Stovetop)
___ Full \$28.00 / ___ Half \$16.75

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Garlic Lime Salsa Pork Chops Minced garlic, tangy lime, cilantro and hot pepper sauce lend "south of the border" pizzazz to these tender pork chops. Plus, a side of Snap Peas. (Bake, **GF**, **L&F**, **DF**)
___ Full \$28.00 / ___ Half \$16.75

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Fish & Shrimp Entrees

Fish Tacos These filets are topped with a colorful array of zucchini, red ripe tomato, fresh minced garlic and white onions. (**GF**, **L&F**, **DF**, Stovetop)
___ Full \$28.00 / ___ Half \$16.75

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Basil Shrimp Orzo This customer favorite dish features fresh basil, crumbled feta cheese, diced tomatoes, orzo pasta, crisp green onions topped with shrimp. (**L&F**, Bake)
___ Full \$28.00 / ___ Half \$16.75

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Tortilla Crusted Tilapia We have given Tilapia a crunchy coating with crushed tortillas and seasoned them with lime juice, cilantro, chili powder and cumin. Plus, a side of Santa Fe Corn (Bake, **GF**, **L&F**, **DF**)
___ Full 28.00/ ___ Half \$16.75

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Baja Blackened Salmon Salmon fillets sprinkled with blackened seasoning, topped with a colorful red pepper and black bean salsa. (**L&F**, **DF**, Bake)
___ Full 28.00/ ___ Half \$16.75

___ Full 28.00/ ___ Half \$16.75

Sweet Potato Burritos An amazing medley of Sweet Potatoes, Black Beans, Monterey Jack Cheese, and an array of southwest seasonings wrapped in a flour tortilla. (Oven or Microwave, **V**)
___ Full \$27.00 / ___ Half \$16.50

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Spinach Tomato Tortellini Cheese tortellini paired with a creamy spinach and tomato cream sauce. (Bake, **V**)
___ Full \$28.00 ___ Half \$16.75

___ Full \$28.00 ___ Half \$16.75

Soups

Baked Potato

Cabbage Roll Soup (Ground Turkey)

Creamy Chicken Enchilada

New - Mushroom & Wild Rice Soup (Sausage)

Desserts**\$13.00 each**

- ___ Gourmet Chocolate Chip Cookie Dough
- ___ Emma's Extra Chocolate Chip Cookie Dough
- ___ Chocolate Fudge Pie
- ___ Apple Berry Crisp
- ___ Oatmeal Caramel Delight
- ___ Peanut Buster Pie

Appetizers

- ___ Buffalo Chicken Dip \$11
- ___ Bleu Cheese & Bacon Dip \$11
- ___ Spinach Artichoke Dip \$11

Side Items – Serves**Full 6 / Half 3**

- ___ Cinnamon Apples \$8
- ___ Corn Soufflé \$8/\$5
- ___ Exotic Grains \$8
- ___ Glazed Carrots \$8
- ___ Italian Green Beans \$8
- ___ Mac & Cheese \$10/\$5
- ___ Sesame Sugar Snap Peas \$8
- ___ Spinach Quinoa \$12/\$7
- ___ Tuscan Vegetables w/ Herb Butter \$8
- ___ Chocolate Chip Energy Bites \$13
- ___ Cranberry Almond Energy Bites \$13

Breads

- ___ Cheddar Garlic Biscuits \$7
- ___ Garlic Toast \$5
- ___ Dinner Rolls \$4
- ___ Cranberry Orange Scones \$8
- ___ Cinnamon Scones \$8
- ___ Blueberry Scones \$8

Potatoes

- ___ Sweet Potato Tater Tots w/Aioli Sauce \$9
- ___ Roasted Baby Bakers \$8
- ___ Roasted Red Potato Wedges \$8
- ___ Sweet Potato Fries \$7
- ___ World's Best Mashed Potatoes \$10/\$5
- ___ Au Gratin Potatoes \$12

Family 10 Meal Deal**Julie's Beef Quesadilla Casserole****Swedish Meatballs****Parmesan Chicken w/Dipping Sauce****Cran B Que Chicken****Chicken Spiedini****Creamy Pork Enchiladas****Italian Sausage in Vodka Tomato
Cream Sauce****Fish Tacos****Tortilla Crusted Tilapia****Spinach Tomato Tortellini****Full = \$248.00 Half = \$137.00****(Each Entree Serves 6) (Each Entrée Serves 3)****Tax Not Included****Lite & Fit 10 Meal Deal**

All entrees are under 800mg of Sodium and under 400 calories per serving.

Mushroom Gouda Mini Meatloaves**Lasagna Wraps****Lemon Chicken with Angel Hair Pasta****Mediterranean Chicken****Chicken Spiedini****Korean Quinoa Bowl****Whiskey Cider Pork Chops w/Cinnamon Apples****Basil Shrimp Orzo****Baja Blacked Salmon****Garlic Lime Salsa Pork Chops****Full = \$249.00 Half = \$137.25****Tax not included**

(L&F) Lite & Fit Entrée Low sodium low calorie (GF) Gluten Free
(DF) Dairy Free(V) Vegetarian (GF & DF) Available = A request for a substitution is available to make an item gluten free, dairy free or vegetarian. While we strive to ensure our gluten/dairy free items are safe for your diet, we cannot guarantee with 100% confidence that cross-contamination between ingredients will not occur.

*Prices Subject to change