Social Suppers January 2024 Menu 913-381-3910 www.socialsuppers.com

Monday - Friday 10am - 6pm

Saturday 10am - 4pm

Closed on Sunday

Beef Entrees

Hawaiian Meatballs over Rice
 These meatballs are smothered in a sweet & savory homemade Hawaiian BBQ Sauce with Pineapple & Asian Veggies all severed over steaming rice. (L&F, DF, Stovetop)
 Full \$33.00 / Half \$18.00

<u>Beef & Black Bean Burritos</u> Zippy and zesty these Individually wrapped burritos are perfect for lunches or snacks with the option to serve casserole style for a family meal. (Bake or Microwave)

Full \$33.00 / Half \$18.00

<u>Philly Cheesesteak Sandwiches</u> Toasted hoagies filled with caramelized onion & bell pepper mix, thin sliced beef smothered in melted Provolone cheese. These sandwiches are perfect with Sweet Potato Tots! (Stovetop, Bake)

__Full \$33.00 / ___Half \$18.00

<u>Cheeseburger Mac N Cheese</u> This Mac N Cheese is over the top with ground beef, a great medley of spices mixed all with tender noodles in a creamy cheese sauce. Kids love this one! (Bake)

__Full \$33.00 / ___Half \$18.00

<u>Mushroom Gouda Mini Meatloaves</u> Our special steak seasoning, gouda cheese, fresh mushrooms and ground beef all mixed together, baked & then topped with Gouda Cream Sauce. (Bake, **L&F**)

Full \$33.00 / Half \$18.00

Chicken Entrees

<u>Greek Chicken Penne</u> A zesty sauce full of lemon flavor tops a blend of hearty pasta and juicy cuts of chicken, tossed with a medley of artichokes, ripe tomatoes, and Feta cheese. (Bake)

Full \$33.00 / Half \$18.00

<u>Parmesan Crusted Chicken with Alfredo Sauce</u> Kids love these Juicy chicken breasts coated with a buttery Ritz Cracker Parmesan cheese breading then drizzled with a creamy alfredo sauce. (Bake)

Full \$33.00 / Half \$18.00

<u>Lemon Artichoke Chicken with Pasta</u> Pan seared chicken breasts with a light lemon artichoke cream sauce served over linguine pasta. (Stovetop, **L&F**)

Full 33.00/ Half \$18.00

Basil Pesto Chicken Wraps Warm flour tortillas snuggled around seasoned chicken, diced onions, fresh diced tomatoes, and Provolone cheese with a hint of Sweet Basil Pesto (Nut free). (Bake or Microwave)

Full \$33.00 / Half \$18.00

<u>Herb Almond Chicken</u> Ranch seasoned cream cheese, fresh green onions, bacon and sliced almonds snuggled on top a tender chicken breast. Yum! (**L&F**, GF, Bake)

___Full \$33.00 / ____Half \$18.00

<u>Southwest Pollo Bowl</u> This one skillet dinner includes all-natural diced white chicken bites browned and mixed with a medley of southwest seasoned veggies. (Stovetop, **L&F**, DF, GF)

___Full \$33.00____Half \$18.00

<u>Cranberry Chicken Salad OR Wraps</u> We've stuffed a 10" flour tortilla with crunchy celery, diced white chicken, creamy mayonnaise, Greek yogurt, Craisins, and pecans. Or just get the Chicken salad all by itself, it's the perfect lunch or supper! (Thaw & Eat, **L&F without the wrap**)

___Full \$33.00____Half \$18.00

Parmesan Chicken Pasta All the flavors and textures of a traditional Chicken Parmesan baked into this crowd-pleasing casserole. (Bake)

Full \$33.00 / Half \$18.00

<u>Canyon Chicken</u> This Kid favorite is a delectable chicken breasts marinated in a teriyaki glaze and topped with a blend of lite ranch dressing, cheddar cheese and crisp bacon bits. (Bake)

Full \$33.00 / Half \$18.00

New-Taylor's Chicken Tenders with Dipping Sauce Extra Crunchy seasoned chicken tenders baked to perfection and served with a mix of Taylor's favorite dipping sauces. (Bake, L&F)

___Full \$33.00 / ___Half \$18.00

Turkey Entree

<u>Sweet Potato Skillet</u> A balanced blend of fresh cut sweet potatoes, garlic, onions and ground turkey get this dish an A+ from our customers. (GF, **L&F**, Stovetop)

Full \$33.00 / Half \$18.00

<u>Turkey Chili with Sweet Potatoes</u> Lean ground turkey, fiber rich kidney beans and black beans are mixed with a variety of spices and diced sweet potatoes for a great twist. (**L&F**, DF, Skillet)

Full \$33.00 / Half \$18.00

Breakfast Items

<u>Hearty Breakfast Sandwiches</u> We cannot make these biscuits, egg, sausage, and cheese breakfast sandwiches fast enough. These are perfect for a quick Breakfast, Lunch or Dinner! (Microwave)

Full \$33.00 / Half \$18.00

Spinach Quiche We have filled a 9" pie crust with spinach, ham, onions, three cheeses and a few secret ingredients. Perfect for breakfast, lunch or dinner! (**L&F**, Bake)

Full \$33.00 / Half \$18.00

<u>Breakfast Burritos</u> Warm flour tortillas filled with cheese, scrambled eggs, sausage, bacon, green peppers, onions & a little Salsa for some kick. (Bake or microwave)

___Fùll \$33.00 / ___Half \$18.00

Full Size = 6 Servings

Half Size = 3 Servings

Pork Entrees	Vegetarian
Italian Sausage in Vodka Tomato Cream Sauce Social Suppers	Ricotta Cheese Ravioli with Garden Vegetable Sauce Jumbo
homemade vodka tomato cream sauce with mouthwatering Italian	Ricotta Cheese Ravioli baked in a Fresh from the Garden Vegetable
sausage slices served over penne pasta. (Stovetop)	Medley Sauce. (L&F , Bake)
Full \$33.00 /Half \$18.00	Full \$33.00 / Half \$18.00
Kimberly's Famous Ham Sandwiches These little flavor filled	
sandwiches are perfect for a quick Snack, Lunch, Dinner or Game day	Sweet Potato Skillet A balanced blend of fresh cut sweet potatoes,
appetizer. Pop them in the oven and in less than 30 minutes they are	garlic, onions & black beans make this dish an A+ from our customers.
ready! (L&F , Bake)	(GF, L&F, Stovetop)
Full \$33.00 /Half \$18.00	Full Entrée \$33.00 / Half Entrée \$18.00
Pulled Pork Sandwiches with Oven Fries Healthy, delicious and fast!	Spinach Quiche We have filled a 9" pie crust with spinach, onions,
Enjoy moist shredded pork in a tasty KC BBQ sauce served on a bun.	three cheeses and a few secret ingredients. Perfect for breakfast, lunch
Plus, a side of Oven Fries (Stovetop & Oven)	or dinner! (L&F, Bake)
Full \$33.00 /Half \$18.00	Full Entrée \$33.00 / Half Entrée \$18.00
Pecan Crusted Pork Tenderloin A juicy pork tenderloin that is	<u>Soups</u>
marinated in a sweet and tangy sauce and then rolled in crunchy	<u>Telluride Soup</u> A special mix of southwest seasoning, all-white diced
•	chicken and traditional garden vegetables combined with tender pasta.
pecans. The perfect entree for company. (Bake, GF, L&F , DF)	(L&F, Stovetop)
Full \$33.00 /Half \$18.00	Full \$33.00 /Half \$18.00
Pulled Pork with Red Beans & Rice Tender pulled pork in a smokey	<u>Creamy Chicken Enchilada Soup</u> This family favorite is great all year
chipotle and adobo sauce with beans and rice. A customer favorite!	around. Tender chicken chunks mixed with two different cheeses, green
(L&F, GF, DF, Stovetop)Full \$33.00 /Half \$18.00	chilies, black bean, corn and spices that pack this soup full of flavor.
	(Stovetop, GF, L&F)
Unstuffed Peppers with Rice All the ingredients you love in one	Full \$33.00 /Half \$18.00
delicious bite! Seasoned ground sausage, green peppers, diced onions,	Mushroom & Wild Rice Wild rice with savory Italian sausage and
Italian spices all assembled in 1 skillet! (Stovetop)Full \$33.00 /Half \$18.00	sliced mushrooms make this a great creamy soup to heat up on a chilly
Creamy Italian Tortellini Cheese filled tortellini in a light cream cheese	day. (Stovetop)
	Full Entrée \$33.00 / Half Entrée \$18.00
sauce with petite diced tomatoes, sausage crumbles and zesty Italian	Baked Potato Soup This soup has all the flavors of a loaded baked
seasonings. (Stovetop)	potato. Bacon, cheddar cheese, sour cream, and green onion. Instant
Full \$33.00 /Half \$18.00	comfort in a bowl! (Stovetop)
	Full Entrée \$33.00 / Half Entrée \$18.00
<u>Fish & Shrimp Entrees</u>	Southwest Chicken & Cheese Diced white chicken, sweet cream corn,
Maple Kissed Salmon Sweet maple glaze wrapped around freshly cut	diced red potatoes, celery, green chilies, and cheese all blend together
salmon fillets. A customer fav! (Broil or Grill & Stovetop, L&F, DF, GF)	for a hearty cheese soup. This one is Jen's favorite!
Full \$33.00 /Half \$18.00	Full Entrée \$33.00 / Half Entrée \$18.00
Coium Whitefiah Mild flaler Tilonia filata vallad in autra arrandar	
Cajun Whitefish Mild, flaky Tilapia filets rolled in extra crunchy	
breadcrumbs with our favorite Cajun seasoning and a mouthwatering	
dipping sauce. (L&F , DF, GF Available)	
Full \$33.00 /Half \$18.00	Full Size = 6 Servings Half Size = 3 Servings
Crispy Baked Cod It's a Friday night fish fry - with a twist. This	<u> </u>
30-minute cod is baked, not fried, but still has a satisfyingly crispy,	
crunchy crust. (L&F , Bake)	
Full \$33.00 /Half \$18.00	
Acian Shrimn Stir Fry This Shrimn has a fantactic Acian flavor thanks	

to the soy sauce and sesame oil, along with a couple secret ingredients.

<u>Tortilla Crusted Tilapia</u> We have given tilapia a crunchy coating with crushed tortillas and seasoned them with lime juice, cilantro, chili

Served with rice and Japanese style veggies. (Stovetop, DF)

_Full \$33.00 / ____Half \$18.00

__Full \$33.00 / ___Half \$18.00

powder and cumin. (GF, **L&F**, DF Bake)

Desserts	\$13.00 each
Gourmet Cho	colate Chip Cookie Dough
Emma's Extra	a Chocolate Chip Cookie Dough
Chocolate Fu	dge Pie
Apple Berry C	Crisp
Oatmeal Cara	amel Delights
Peanut Buste	er Pie
White Chocol	ate Blueberry Buckle

Family 10 Meal Deal

Hawaiian Meatballs with Rice

Beef & Black Bean Burritos

Parmesan Crusted Chicken with Alfredo Sauce

Taylor's Chicken Tenders with Dipping Sauce

Canyon Chicken

Italian Sausage in Vodka Tomato Cream Sauce

Pulled Pork Sandwiches with Oven Fries

Creamy Italian Tortellini

Asian Shrimp Stir Fry with Rice
Crispy Baked Cod

(L&F) Lite & Fit Entrée Low sodium low calorie (GF) Gluten Free (DF) Dairy Free (V) Vegetarian or (VA) Vegetarian Available A request for a substitution is available to make an Item gluten free, dairy free or vegetarian. While we strive to ensure our gluten/dairy free items are safe for your diet, we cannot guarantee with 100% confidence that cross-contamination between ingredients will not occur. *Prices Subject to change

Full Size serves 6 Half Size serves 3

Appetizers	
Buffalo Chicken Dip	\$11
Spinach Artichoke Dip	\$11
Bleu Cheese & Bacon Dip	\$11
Side Items – Serves Full 6	/ Half 3
Cinnamon Apples	\$9
Corn Soufflé	\$9/\$5
Glazed Carrots	\$9
Italian Green Beans	\$9
Broccoli Parmesan	\$9
Mac & Cheese	\$10/\$5
Sesame Sugar Snap Peas	\$9
Spinach Quinoa	\$12/\$7
Tuscan Vegetables w/ Herb Butter	\$9
Chocolate Chip Energy Bites	\$14
Cranberry Almond Energy Bites	\$14
Breads	
Cheddar Garlic Biscuits	\$8
Garlic Toast	\$5
Dinner Rolls	\$4
Cranberry Orange Scones	\$10
Cinnamon Scones	\$10
Blueberry Scones	\$10
Potatoes	
Sweet Potato Tater Tots w/Aioli Sauce	\$9
Roasted Baby Bakers	\$8
Roasted Red Potato Wedges	\$9
Sweet Potato Fries	\$9
World's Best Mashed Potatoes	\$10/\$5
Au Gratin Potatoes	\$12
111 0 511 40 14 15	

Annetizers

Lite & Fit 10 Meal Deal

All entrees are under 800mg of Sodium and under 400 calories per serving.

Hawaiian Meatballs with Rice
Mushroom Gouda Mini Meatloaves
Lemon Artichoke Chicken with Pasta
Herb Almond Chicken
Southwest Pollo Bowl
Pecan Crusted Pork Tenderloin

Pecan Crusted Pork Tenderloin Sweet Potato Skillet Maple Kissed Salmon Tortilla Crusted Tilapia

Spinach Quiche

Full = \$300.00 Half = \$150.00

Tax not included.