Social Suppers March 2024 Menu 913-381-3910 www.socialsuppers.com

Monday - Friday 10am - 6pm

Saturday 10am - 4pm

Closed on Sunday

Beef Entrees

Meatball Sub Sandwiches Quick and easy sandwiches that the kids will love. Italian Meatballs smothered in a homemade Red Sauce and served in a toasted Hoagie bun. Ready in less than 30 minutes. (Stovetop, Bake)

Full \$33.00 / Half \$18.00

<u>Mighty Mini Meatloaves</u> These sweet glazed mini loaves are a Social Suppers customer favorite! Perfect to have in the freezer cuz you can bake them from frozen! (Bake)

Full \$33.00 / Half \$18.00

<u>Cheese Tortellini Beef Bake</u> This one was a hit when we introduced it! Three cheese tortellini, seasoned ground beef smothered in an Italian cream sauce. (Bake)

___Full \$33.00 / ____Half \$18.00

Not Your Mamma's Sloppy Joes with Oven Fries This homemade sloppy joe mix is an old family recipe, ketchup not included! Lean ground beef, 6 different secret seasonings, a little onion & tomato sauce sandwiched between your favorite Hawaiian Buns Plus a side of Red Potato Wedges. (Stovetop & Bake)

__Full \$33.00 / ___Half \$18.00

<u>New - Baked Beef Chimichangas</u> Seasoned ground beef, Cheddar Jack Cheese, Creamy Enchilada Sauce all wrapped up in a crispy Flour Tortilla & you top with our homemade Cilantro Cream Sauce. (Bake)

_Full \$33.00 / ____Half \$18.00

Chicken Entrees

<u>New – Chicken Pesto Pasta Bake</u> Tender Chicken bites mixed with a creamy Nut Free Pesto sauce all wrapped around Ziti Pasta and baked to perfection. Kid tested; Kid approved! (Bake)

Full \$33.00 / Half \$18.00

Balsamic BBQ Chicken The perfect light and healthy Chicken. Mildly sweet and tangy in one easy recipe that your family will love. (L&F, DF, Bake or Grill)

Full \$33.00 / Half \$18.00

Honey Mustard Chicken with Bacon & Mozzarella We can't decide which is yummier, the tangy Dijon honey marinade, the bacon crumbles, or the melted Mozzarella cheese. (Grill or Bake, L&F, GF)

Full \$33.00 / Half \$18.00

<u>Chicken Spiedini</u> Social Suppers invites you to try this classic Italian dish served with a light lemon garlic vinaigrette. This is one of Social Suppers top 10 most asked for Entrées! (Bake, **L&F**, GF available)

__Full 33.00/____Half \$18.00

Ranch Bacon Chicken Wraps Lite Ranch dressing, tender chicken bites, crisp bacon, green onions and Monterey Jack cheese nestled in a soft flour tortilla. (Bake or Microwave)

Full \$33.00 / Half \$18.00

<u>Chicken Taco Grill Packs</u> Seasoned All-Natural Chicken Breasts topped with a mild salsa corn medley & Cheese all wrapped in foil ready to throw on the grill or pop in the oven. This one is super fun for the kids! (**L&F**, GF, DF-Cheese is on the side. Bake or Grill)

Full \$33.00 / Half \$18.00

<u>Thai Chicken Pasta</u> This customer favorite never makes it to the freezer. Grilled chicken served over linguine and tossed in a light peanut sauce. (Stovetop)

___Full \$33.00 / ___Half \$18.00

Breakfast Items

<u>Holiday Breakfast Casserole</u> In this delicious dish you will find eggs, diced ham, hash browns, onions, and green peppers all covered with cheese. (GF, Bake)

Full \$33.00 / Half \$18.00

<u>Southwest Breakfast Burritos</u> Warm flour tortillas filled with cheese, scrambled eggs, sausage, green chilies, & little seasoned potatoes (Bake or Microwave)

Full \$33.00 / Half \$18.00

<u>Crab Quiche</u> This quiche is filled with Real Blue Crab claw meat, diced red peppers, green onions, creamy cheeses and is perfect for impressing family or company! (**L&F**, Bake)

__Full \$40.00 / ___Half \$20.00

<u>Soups</u>

<u>Creamy Chicken Enchilada Soup</u> This family favorite is great all year around. Tender chicken chunks mixed with two different cheeses, green chilies, black bean, corn and spices that pack this soup full of flavor. (Stovetop, GF, **L&F**)

__Full \$33.00 / ____Half \$18.00

<u>Hearty Vegetable Beef Soup</u> This quick & easy beef soup is a wonderful mix of garden vegetables, ground beef and a savory broth. It's perfect with Social Suppers Cheddar Garlic Biscuits (Stovetop)

_Full \$33.00 / ____Half \$18.00

<u>Skinny Mini Tortilla Soup</u> Hearty Lite & Fit soup filled with black beans, crisp corn, tender white meat chicken bites, cheddar cheese and crunchy corn tortilla chip garnish. (**L&F**, GF, Stovetop)

__ Full Entrée \$33.00 / ___ Half Entrée \$18.00

<u>Mamma Mia Meatball Soup</u> Beef meatballs simmer in a tomato based broth with veggies, garlic & pasta for a hearty, cold weather treat. Kid testers LOVED this & so did the grown-ups! (Stovetop)

__ Full Entrée \$33.00 / ___ Half Entrée \$18.00

<u>Baked Potato Soup</u> This soup has all the flavors of a loaded baked potato. Bacon, cheddar cheese, sour cream, and green onion. Instant comfort in a bowl! (Stovetop)

Full \$33.00 / Half \$18.00

Pork Entrees

Bacon Wrapped Pork Filets with Red Rocks Rub These Apple smoked bacon wrapped Pork filets are a customer favorite! The special Red Rocks Rub we created works perfect with these tasty treats. (**L&F**, Grill or Bake DF, GF)

Full \$33.00 / ____Half \$18.00

<u>Caribbean Pork Tenderloin</u> A medley of sauces, brown sugar, and a hint of thyme make a rich marinade for this customer favorite grilled or baked pork tenderloin. (Grill or Bake, **L&F**, DF, GF Available)

Full \$33.00 / Half \$18.00

<u>Carnitas Chilie Verde Over Rice</u> Your favorite savory pulled pork, homemade Chili Verde sauce, seasoned peppers & onions all served over tasty rice. (**L&F**, GF, DF, Stovetop)

__Full \$33.00 / ____Half \$18.00

<u>Italian Orzo Skillet</u> This One Skillet dish is full of Italian Sausage, fresh zucchini and seasoned orzo pasta all cooked up in 1 skillet! Kids love this one. (**L&F**, Stovetop) 30-Minute Meal!

___Full \$33.00 / ___Half \$18.00

Fish & Shrimp Entrees

Pesto Baked Salmon with Roasted Garlic Vinaigrette Alaskan Salmon filets lightly coated with a rich nut free Pesto, baked and served with a unique tomato roasted garlic vinaigrette. (L&F, Bake or Grill)

Full \$33.00 / Half \$18.00

Big Bang Shrimp Our healthy take on Bang Bang Shrimp. Tender shrimp tossed in a light spicy sauce, served over rice we provide. Perfect for a quick, light dinner with a Big Bang taste! (L&F, GF)
Full \$33.00 / Half \$18.00

<u>Curried Shrimp with Rice</u> The magic happened when we added the coconut milk to this dish. This shrimp entree is delish and is done in just 20 minutes. (GF, **L&F**, DF, Stovetop)

___Full \$33.00 / ___Half \$18.00

<u>Parmesan Filets</u> Flaky whitefish fillets coated with rich melted butter and creamy mayo, sprinkled with Parmesan cheese, Basil and an array of spices (L&F, GF, Broil & Stovetop)

__Full \$33.00 / ___Half \$18.00

<u>Fish Piccata</u> An elegant and easy Italian classic. Tender Tilapia fillets finished with a tangy lemon, caper and garlic sauce. (**L&F**, DF, GF Available, Stovetop)

___Full \$33.00 / ___Half \$18.00

Lite & Fit 10 Meal Deal

All entrees are under 800mg of Sodium and under
400 calories per serving.

Balsamic BBQ Chicken

Chicken Spiedini

Chicken Taco Grill Packs

Creamy Chicken Enchilada Soup

Carnitas Chili Verde Over Rice

Italian Orzo Skillets

Caribbean Pork Tenderloin

Pesto Salmon with Roasted Garlic Vinegarette

Big Bang Shrimp

Curried Shrimp with Rice
Full = \$300.00 Half = \$150.00

Tax not included.

Vegetarian

<u>Broccoli Cheddar Quiche</u> This Quiche Features Broccoli and cheddar cheese, a combination that works every time. This one will be a crowdpleaser for sure! (**L&F**, Bake)

Ravioli with Roasted Red Pepper Sauce A light and creamy sauce with pureed roasted red sweet peppers and smoked gouda, paired with plump ricotta cheese ravioli. (L&F, V, Bake)

_ Full Entrée \$33.00 / ___ Half Entrée \$18.00

<u>Kari's Veggie Burritos</u> More flavor than the average burrito, without the meat. A variety of beans, corn, red tomatoes, diced green chilies topped with melted Pepper Jack cheese, snuggled in a warm tortilla. (Bake or Microwave)

Full Entrée \$33.00 / Half Entrée \$18.00

<u>Sweet Potato Burritos</u> An amazing medley of Sweet Potatoes, Black Beans, Monterey Jack Cheese, and an array of southwest seasonings wrapped in a flour tortilla. (Oven or Microwave)

__Full Entrée \$32.00 / ___Half Entrée \$18.00

Family 10 Meal Deal

Cheese Tortellini Beef Bake Mighty Mini Meatloaves

Not Your Mamma's Sloppy Joe's with Oven Fries

Honey Mustard Chicken with Bacon & Mozzarella

New - Chicken Pesto Pasta Bake

Creamy Chicken Enchilada Soup

Italian Orzo Pasta

Caribbean Pork Tenderloin

Fish Piccata

Parmesan Filets

Full = \$300.00 Half = \$150.00

(Each Entree Serves 6) (Each Entrée Serves 3)

Tax Not Included

Desserts	\$13.00 each
Gourmet Chocolate Chip Cookie Dough	
Emma's Extra C	Chocolate Chip Cookie Dough
Chocolate Fudg	e Pie
Apple Berry Cris	sp.
Oatmeal Caram	el Delights
Peanut Buster F	Pie
Dreamy Strawbe	erry Dessert

Family 10 Meal Deal

Cheese Tortellini Beef Bake Mighty Mini Meatloaves

Not Your Mamma's Sloppy Joe's with Oven Fries

Honey Mustard Chicken with Bacon & Mozzarella

New – Chicken Pesto Pasta Bake

Creamy Chicken Enchilada Soup

Italian Orzo Pasta

Caribbean Pork Tenderloin

Fish Piccata

Parmesan Filets

Full = \$300.00 Half = \$150.00

(Each Entree Serves 6) (Each Entrée Serves 3)

Tax Not Included

(L&F) Lite & Fit Entrée Low sodium low calorie (GF) Gluten Free (DF) Dairy Free (V) Vegetarian or (VA) Vegetarian Available A request for a substitution is available to make an Item gluten free, dairy free or vegetarian. While we strive to ensure our gluten/dairy free items are safe for your diet, we cannot guarantee with 100% confidence that cross-contamination between ingredients will not occur. *Prices Subject to change

Full Size serves 6 Half Size serves 3

Appetizers	
Buffalo Chicken Dip	\$11
Spinach Artichoke Dip	\$11
New – Jalapeño Popper Dip	\$11
Side Items – Serves Full 6 / Half 3	
Cinnamon Apples	\$9
Corn Soufflé	\$9/\$5
Glazed Carrots	\$9
Italian Green Beans	\$9
Broccoli Parmesan	\$9
Mac & Cheese	\$10/\$5
Sesame Sugar Snap Peas	\$9
Spinach Quinoa	\$12/\$7
Tuscan Vegetables w/ Herb Butter	\$9
Chocolate Chip Energy Bites	\$14
Cranberry Almond Energy Bites	\$14
Breads	
Cheddar Garlic Biscuits	\$8
Garlic Toast	\$5
Dinner Rolls	\$4
Cranberry Orange Scones	\$10
Cinnamon Scones	\$10
Blueberry Scones	\$10
Potatoes	
Sweet Potato Tater Tots w/Aioli Sauce	\$9
Roasted Baby Bakers	\$8
Roasted Red Potato Wedges	\$9
Sweet Potato Fries	\$9
World's Best Mashed Potatoes	\$10/\$5
Au Gratin Potatoes	\$12

Lite & Fit 10 Meal Deal

All entrees are under 800mg of Sodium and under 400 calories per serving.

Balsamic BBQ Chicken Chicken Spiedini

Chicken Taco Grill Packs

Creamy Chicken Enchilada Soup

Carnitas Chili Verde Over Rice

Italian Orzo Skillets

Caribbean Pork Tenderloin

Pesto Salmon with Roasted Garlic Vinegarette Big Bang Shrimp

Curried Shrimp with Rice

Full = \$300.00 Half = \$150.00

Tax not included.