

# Social Suppers **September Menu** 913-381-3910 [www.socialsuppers.com](http://www.socialsuppers.com)

Monday - Friday 10am – 6pm

Saturday 10am - 4pm

Closed on Sunday

## Beef Entrees

### Loaded Calzones

These delicious calzones are loaded with pepperoni, sausage, black olives, onions, green peppers, pizza sauce & mozzarella cheese. (Bake, **Vegetarian Available**)

\_\_\_ Full \$27.00 / \_\_\_ Half \$16.00

### Tamale Beef Bake

We're talking comfort food to the max with enchilada sauce, spiced ground beef, black beans, green chilies, cheddar jack cheese and finally topped with our Corn Souffle. (Bake)

\_\_\_ Full \$27.00 / \_\_\_ Half \$16.00

### Southwest Mini Meatloaves

A non-traditional meatloaf given a little pizzaz with salsa, cheddar cheese, southwest seasonings, cumin and chili powder. A staff favorite! (**GF, L&F**)

\_\_\_ Full \$27.00 / \_\_\_ Half \$16.00

### Asian Meatballs

These meatballs have a fantastic Asian flavor thanks to the soy sauce and sesame oil along with a couple secret ingredients. Served with rice and Japanese style veggies, this one is delish! (Stovetop, **DF**)

\_\_\_ Full \$27.00 / \_\_\_ Half \$16.00

### Baked Italian Spaghetti

This Customer Favorite entree combines a layer of spaghetti, perfectly seasoned tomato sauce, hamburger, two cheeses and our secret filling.

\_\_\_ Full \$27.00/ \_\_\_ Half \$16.50 (Bake)

## Chicken & Turkey Entrees

### Sweet Potato Skillet

A balanced blend of warm fall seasonings, fresh cut sweet potatoes, garlic, onion, red peppers and ground turkey gets this dish an A+ from our customers. (**GF, Vegetarian available, L&F, Stovetop**)

\_\_\_ Full \$27.00 / \_\_\_ Half \$16.50

### Honey Flaked Chicken with Snap Peas

All natural 6oz chicken breast brushed with a sweet honey Dijon blend, coated in a crunchy cornflake crust. Kid tested kid approved! (Bake, **L&F, DF**)

\_\_\_ Full \$27.00 / \_\_\_ Half \$16.50

### New - Bruschetta Chicken with Tuscan Veggies

This chicken breast dish is a medley of fresh diced tomatoes, mozzarella cheese, balsamic vinegar, garlic & basil. Served with a side of Tuscan Veggies (Bake, **GF, L&F**)

\_\_\_ Full \$27.00 / \_\_\_ Half \$16.50

### Lemon Chicken with Angel Hair Pasta

Super delicious and easy. Fresh squeezed lemon and Rosemary infused over golden brown chicken breasts served over angel hair pasta.

(**L&F, DF, Stovetop**)

\_\_\_ Full \$27.00 / \_\_\_ Half \$16.50

### Isabella's Chicken Parmesan

Golden chicken breasts covered in mouthwatering Sicilian marinara, melting Mozzarella cheese, and steaming linguine noodles. (Bake & Stove top)

\_\_\_ Full \$27.00 / \_\_\_ Half \$16.50

### Thai Chicken Pasta

This customer favorite never makes it to the freezer. Grilled chicken served over linguine and tossed in a light peanut sauce. (Stovetop)

\_\_\_ Full \$27.00 / \_\_\_ Half \$16.50

## Breakfast Entrees

### New – Southwest Breakfast Burritos

These new breakfast burritos are packed with new potatoes, eggs, cheddar cheese, green chilies, onions, green peppers & sausage all wrapped in a warm flour tortilla (Microwave)

\_\_\_ Full \$26.00 / \_\_\_ Half \$16.00

### New - Buttermilk Biscuits w/Sausage & Scrambled Egg Gravy

Start your day with a hearty breakfast! Buttermilk Biscuits smothered in a scrambled egg & breakfast sausage gravy. (Stovetop/Microwave)

\_\_\_ Full \$26.00 / \_\_\_ Half \$16.00

### Spinach Quiche

This is no plain-o- Jane-o quiche. We have filled a 9" pie crust with spinach, ham, onions, three cheeses and a few secret ingredients we are keeping under our hat. Perfect for breakfast, lunch or dinner! (**L&F, Bake**)

\_\_\_ Full \$27.00 / \_\_\_ Half \$16.00

## Pork Entrees

### Asian Pork Tenderloin w/ Peanut Sauce

This tender pork is marinated to perfection and then served with a homemade peanut sauce. We can't wait for you to try this one!

(**L&F, DF, Grill or Bake**)

\_\_\_ Full \$27.00 / \_\_\_ Half \$16.50

### Garlic Lime Salsa Pork Chops with Snap Peas

Minced garlic, tangy lime, cilantro and hot pepper sauce lend "south of the border" pizzazz to these tender pork chops. Plus, a side of Snap Peas.

(Bake, **GF, L&F, DF**)

\_\_\_ Full \$27.00 / \_\_\_ Half \$16.50

### Stuffed Pork Chops

Jen's Favorite! These thick 6oz. pork chops cut and filled with a savory, spiced cornbread stuffing. Just pop in the oven and supper is done! (Bake)

\_\_\_ Full \$27.00 / \_\_\_ Half \$16.00

### New – Deb's One Skillet Gumbo

This recipe is filled with flavor. Andouille Sausage, rice, diced fire roasted tomatoes, white wine & Creole Seasonings make this one skillet dish fabulously favorable. (**L&F, DF, GF, Skillet**)

\_\_\_ Full \$27.00 / \_\_\_ Half \$16.50

## Fish & Shrimp Entrees

### Tilapia Filets with Cilantro Salsa Butter & Tuscan Veggies

Mild tilapia filets are quickly pan seared and served with a cilantro salsa butter. Low in fat and calories, but not low in flavor. Plus, we added a side of Tuscan Veggies (Stovetop, **GF, L&F**)

\_\_\_ Full \$27.00 / \_\_\_ Half \$16.50

### Fish Piccata

An elegant and easy Italian classic. Tilapia filets finished with a tangy lemon, caper and garlic sauce. (Stovetop, **GF Available, L&F, DF**)

\_\_\_ f \$27.00/ \_\_\_ h \$16.00

### Salmon Cakes

We're always looking for ways to make salmon, the super food. These, flavor filled Salmon cakes are asked for over and over again! (**L&F, DF, Skillet**)

\_\_\_ Full \$27.00 / \_\_\_ Half \$16.50

### Vegetarian Entrée

### Ravioli with Roasted Red Pepper Sauce

A light and creamy sauce with pureed roasted red sweet peppers and smoked gouda, paired with plump ricotta cheese ravioli. Not spicy so kids love it! (Bake)

\_\_\_ Full \$27.00 / \_\_\_ Half \$16.00

## September Soups

Southwest Chicken & Cheese, Creamy Chicken Enchilada,

Mamma Mia Meatball

Full = \$27.00 Half = \$16.50

Full Size = 6 Servings

Half Size = 3 Servings

**Desserts****\$13.00 ea.**

- \_\_\_ Gourmet Chocolate Chip Cookie Dough
- \_\_\_ Emma's Extra Chocolate Chip Cookie Dough
- \_\_\_ Chocolate Fudge Pie
- \_\_\_ Apple Berry Crisp
- \_\_\_ Oatmeal Caramel Delight
- \_\_\_ Pumpkin Donut Holes

**September Family 10 Meal Deal****Tamale Beef Bake****Asian Meatballs****Baked Italian Spaghetti****Honey Flaked Chicken w/Snap Peas****Isabella's Chicken Parmesan****Ravioli w/Roasted Red Pepper Sauce****Fish Piccata****Buttermilk Biscuits w/Sausage Egg Gravy****Lemon Chicken w Angel Hair Pasta****Stuffed Pork Chops****Full = \$239.00    Half = \$132.50****(Each Entree Serves 6)    (Each Entrée Serves 3)**

Tax not included

**Appetizers**

- \_\_\_ Buffalo Chicken Dip \$11
- \_\_\_ Bleu Cheese & Bacon Dip \$11
- \_\_\_ Spinach Artichoke Dip \$11

**Side Items – Serves****Full 6 / Half 3**

- \_\_\_ Asparagus Pesto Quinoa \$12/\$7
- \_\_\_ Cinnamon Apples \$8
- \_\_\_ Corn Soufflé \$8/\$5
- \_\_\_ Exotic Grains \$9
- \_\_\_ Glazed Carrots \$8
- \_\_\_ Italian Green Beans \$8
- \_\_\_ Mac & Cheese \$9/\$5
- \_\_\_ Santa Fe Corn w/Black Beans \$7
- \_\_\_ Sesame Sugar Snap Peas \$8
- \_\_\_ Spinach Quinoa \$12/\$7
- \_\_\_ Tuscan Vegetables w/ Herb Butter \$8
- \_\_\_ Chocolate Chip Energy Bites \$13
- \_\_\_ Cranberry Almond Energy Bites \$13

**Breads**

- \_\_\_ Cheddar Garlic Biscuits \$7
- \_\_\_ Garlic Toast \$5
- \_\_\_ Dinner Rolls \$4
- \_\_\_ Cranberry Orange Scones \$8
- \_\_\_ Cinnamon Scones \$8
- \_\_\_ Blueberry Scones \$8

**Potatoes**

- \_\_\_ Sweet Potato Tater Tots w/Aioli Sauce \$9
- \_\_\_ Roasted Baby Bakers \$8
- \_\_\_ Roasted Red Potato Wedges \$8
- \_\_\_ Sweet Potato Fries \$7
- \_\_\_ World's Best Mashed Potatoes \$9/\$5

**Lite & Fit 10 Meal Deal**

All entrees are under 800mg of Sodium and under 400 calories per serving.

**Southwest Mini Meatloaves****Sweet Potato Skillet****Lemon Chicken with Angel Hair Pasta****Bruschetta Chicken with Snap Peas****Spinach Quiche****Asian Pork Tenderloin w/Peanut Sauce****Garlic Lime Salsa Pork Chops w/ Snap Peas****Salmon Cakes****Tilapia w/Cilantro Butter & Tuscan Veggies****Deb's One Skillet Gumbo****FULL \$240.00    HALF \$134.00**

Tax not included

(L&F) Lite & Fit Entrée Low sodium low calorie (GF) Gluten Free  
 (DF) Dairy Free(V) Vegetarian (GF & DF) Available = A substitution is available to make an item gluten free, dairy free or vegetarian. While we strive to ensure our gluten/dairy free items are safe for your diet, we cannot guarantee with 100% confidence that cross-contamination between ingredients will not occur.

\*Prices Subject to change