

Social Suppers **September 2023 Menu** 913-381-3910 www.socialsuppers.com

Monday - Friday 10am – 6pm Saturday 10am - 4pm Closed on Sunday

Beef Entrees

Tamale Beef Bake We're talking comfort food to the max with enchilada sauce, spiced ground beef, black beans, green chilies, cheddar jack cheese and finally topped with our Corn Souffle. (Bake)

___ Full \$33.00 / ___ Half \$18.00

Hawaiian Meatballs over Rice These meatballs are smothered in a sweet & savory homemade Hawaiian BBQ Sauce with Pineapple all severed over steaming rice. (L&F, DF, Stovetop)

___ Full \$33.00 / ___ Half \$18.00

Philly Cheesesteak Sandwiches Toasted hoagie buns filled with caramelized onion & bell pepper mix, thin sliced beef & melted Provolone cheese. These sandwiches are perfect with our Sweet Potato Tots! (Stovetop & Bake)

___ Full \$33.00 / ___ Half \$18.00

Triple Cheese Baked Ziti Our kid testers gave this entrée a unanimous thumbs-up. Ziti noodles baked with marinara, ground beef and not one, but three cheeses! (Bake)

___ Full \$33.00 / ___ Half \$18.00

Cowboy Casserole We have created a combination of ground beef, corn, and cheddar cheese in a light cream sauce and then we top it with a layer of crispy tater tots. (Bake)

___ Full \$33.00 / ___ Half \$18.00

Beef & Black Bean Burritos Zippy and zesty these Individually wrapped burritos are perfect for lunches or snacks with the option to serve casserole style for a family meal. (Bake or Microwave)

___ Full \$33.00 / ___ Half \$18.00

Southwest Mini Meatloaves A non-traditional meatloaf given a little pizzazz with salsa, Monterey Jack cheese, crushed corn chips, cheddar cheeses, southwest seasonings, cumin and chili powder. (Bake, GF)

___ Full \$33.00 / ___ Half \$18.00

Cheese Tortellini Beef Bake This one was a hit when we introduced it! Three cheese tortellini, seasoned ground beef smothered in an Italian cream sauce. (Bake)

___ Full \$33.00 / ___ Half \$18.00

Chicken Entrees

Chicken Spiedini Social Suppers invites you to try this classic Italian dish served with a light lemon garlic vinaigrette. This is one of Social Suppers top 10 most asked for Entrées! (Bake, L&F, GF available)

___ Full \$33.00 / ___ Half \$18.00

Oven Fried Coconut Chicken Tenders with Dipping Sauce Everyone will devour these chicken tenders that are coated in a crispy coconut breading and offered with a sweet dipping sauce (Bake, L&F, DF, GF available)

___ Full \$33.00 / ___ Half \$18.00

Parmesan Crusted Chicken Kids love these Juicy chicken breasts coated with a buttery Ritz Cracker Parmesan cheese breading then drizzled with a creamy alfredo sauce. (Bake)

___ Full \$33.00 / ___ Half \$18.00

Skinny Mini Tortilla Soup Hearty low-fat soup filled with black beans, crisp corn, tender white meat chicken bites, Cheddar cheese and crunchy tortilla chips to garnish. (L&F, GF, DF Available, Stovetop)

___ Full \$33.00 / ___ Half \$18.00

New – Buffalo Chicken Wraps Seasoned cooked chicken bites coated with a buffalo ranch sauce, cozied up to shredded Cheddar cheese and fresh diced green onions.

___ Full \$33.00 / ___ Half \$18.00

Parmesan Chicken Pasta All the flavors and textures of a traditional Chicken Parmesan baked into this crowd-pleasing casserole. (Bake)

___ Full \$33.00 / ___ Half \$18.00

Cran B Que Chicken Send your taste buds soaring! Juicy chicken breasts baked in a sweet cranberry glaze. (Bake, or Grill, DF, L&F, GF)

___ Full \$33.00 ___ Half \$18.00

Lemon Artichoke Chicken with Pasta Pan seared chicken breasts with a light lemon artichoke cream sauce you serve over pasta. (Stovetop, L&F)

___ Full \$33.00 ___ Half \$18.00

French Onion Crusted Chicken These crispy chicken breasts are seasoned with French onion straws. (L&F, Bake & Stovetop)

___ Full 33.00/ ___ Half \$18.00

Chicken Mirabella Our customer's overwhelming favorite! An elegant dish for entertaining with Mediterranean inspired ingredients. (Bake or Grill, L&F, DF, GF)

___ Full 33.00/ ___ Half \$18.00

White Chicken Chili This Customer Fav is a one dish supper made with diced white chicken, green chilies, corn, tomatoes, Great Northern Beans with a taco flare. (Stovetop, L&F, GF, DF)

___ Full \$33.00 / ___ Half \$18.00

Longhorn Chicken Burritos Chicken burritos stuffed with a sour cream, Monterey Jack and green chili filling and then baked until crispy. Served with a mild red enchilada sauce on top. (Bake or Microwave)

___ Full 33.00/ ___ Half \$18.00

Turkey Entrees

New – Aunt G's Turkey Meatloaves This healthy take on the classic comfort food will have you asking for more. We think it's the sauce that makes this dish delish! (Bake, L&F)

___ Full \$33.00 / ___ Half \$18.00

Sweet Potato Skillet A balanced blend of fresh cut sweet potatoes, garlic, onions and ground turkey get this dish an A+ from our customers. (GF, L&F, Stovetop)

___ Full \$33.00 / ___ Half \$18.00

Breakfast Items

Hearty Breakfast Sandwiches We cannot make these biscuit, egg, sausage, and cheese breakfast sandwiches fast enough. These are perfect for a quick Breakfast, Lunch or Dinner! (Microwave)

___ Full \$33.00 / ___ Half \$18.00

Breakfast Quesadillas A delicious recipe for any meal filled with cheddar jack cheese, scrambled eggs, spicy Italian sausage, bacon & a sweet corn medley. (Stovetop or Bake)

___ Full \$33.00 / ___ Half \$18.00

Full Size = 6 Servings

Half Size = 3 Servings

Pork Entrees

Creamy Italian Tortellini Cheese filled tortellini in a light cream cheese sauce with petite diced tomatoes, sausage crumbles and a zesty Italian seasonings. (Stovetop)

___ Full \$33.00 / ___ Half \$18.00

Smothered Pork Chops Lightly seasoned Pork Chops seared to perfection then smothered in a homemade cream sauce all atop a bed of egg noodles. (Stovetop)

___ Full \$33.00 / ___ Half \$18.00

Italian Sausage in Vodka Tomato Cream Sauce Homemade vodka tomato cream sauce served over penne pasta with mouthwatering Italian sausage. This customer Favorite is perfect for a quick, easy delicious dinner! (Stovetop)

___ Full \$33.00 / ___ Half \$18.00

Creamy Pork Enchiladas Tender pulled pork served up Mexican-Style with green chilies, sour cream, crisp ripe tomatoes, diced onion & 2 creamy cheeses all wrapped in tortillas then topped with Enchilada sauce. (Bake)

___ Full \$33.00 / ___ Half \$18.00

Build Your Own Pizza Kit Build your own thin crust pizzas. Your kit will come with Pepperoni, Sausage, Pizza sauce, cheese and 7" thin pizza crust. (Bake)

___ Full \$33.00 / ___ Half \$18.00

Pulled Pork with Red Beans & Rice Tender pulled pork in a smoky chipotle and adobo sauce with beans and rice. A customer favorite! (GF, DF, Stovetop)

___ Full \$33.00 / ___ Half \$18.00

Whiskey Cider Pork Chops with Cinnamon Apples Whiskey marinated tender pork chops surrounded by sliced apples in a sultry cinnamon sauce. (L&F, GF, DF, Stovetop)

___ Full \$33.00 / ___ Half \$18.00

Fish & Shrimp Entrees

Lemon Garlic Shrimp with Pasta Seasoned Shrimp cooked in a lemon garlic butter then served on a bed of linguine and is ready in 30 minutes! (Stovetop, L&F)

___ Full \$33.00 / ___ Half \$18.00

Fish Tacos Blackened seasoning on flaky cod filets, corn relish in a warm tortilla, and topped with homemade Aioli sauce. Request corn tortillas and make this dish Gluten Free. (Stovetop, L&F)

Shrimp Pasta Primavera This pasta primavera is packed full of veggies, Pasta, Seasoned Shrimp and is ready in less than 30 minutes! (Stovetop, L&F)

___ Full \$33.00 / ___ Half \$18.00

Cajun Shrimp A blend of Cajun seasoned shrimp in a creamy parmesan sauce served over a bed of linguini. (Stovetop)

___ Full \$33.00 / ___ Half \$18.00

Tortilla Crusted Tilapia We have given this mild tilapia a crunchy coating with crushed tortillas and seasoned them with lime juice, cilantro, chili powder and cumin. Plus, a side of Santa Fe Corn (Bake, GF, L&F, DF)

___ Full \$33.00 / ___ Half \$18.00

Crispy Baked Cod It's a Friday night fish fry - with a twist. This 30-minute cod is baked, not fried, but still has a satisfyingly crispy, crunchy crust. (L&F, Bake)

___ Full \$33.00 / ___ Half \$18.00

Vegetarian

Sweet Potato Skillet A balanced blend of fresh cut sweet potatoes, garlic, onions & black beans make this dish an A+ from our customers. (GF, L&F, Stovetop)

___ Full \$33.00 / ___ Half \$18.00

New - Angela's Pesto Pasta Bake Send your taste buds soaring with our zesty nut free pesto sauce, a blend of hearty pasta tossed with a medley of artichokes, ripe tomatoes, and Feta cheese. (Bake)

___ Full \$33.00 / ___ Half \$18.00

New - Ricotta Cheese Ravioli with Garden Vegetable Sauce Jumbo Ricotta Cheese Ravioli baked in a Fresh from the Garden Vegetable Medley Sauce. (L&F, Bake)

___ Full Entrée \$33.00 / ___ Half Entrée \$18.00

Spinach Artichoke Flatbread - A blend of creamy white cheeses, chopped green spinach and delicious artichokes top a flat bread crust. (Bake)

___ Full Entrée \$33.00 / ___ Half Entrée \$18.00

Full Size = 6 Servings

Half Size = 3 Servings

Family 10 Meal Deal

Cheese Tortellini Beef Bake
Hawaiian Meatballs with Rice
Triple Cheesy Baked Ziti
Skinny Mini Tortilla Soup
Oven Fried Coconut Chicken Tenders
Longhorn Chicken Burritos
Smothered Pork Chops
Pulled Pork with Red Beans & Rice
Shrimp Pasta Primavera
Crispy Baked Cod
Full = \$300.00 Half = \$150.00
(Each Entree Serves 6) (Each Entrée Serves 3)
Tax Not Included

Lite & Fit 10 Meal Deal

All entrees are under 800mg of Sodium and under 400 calories per serving.
Hawaiian Meatballs with Rice
Chicken Spiedini
Cran B Que Chicken
French Onion Chicken
White Chicken Chili
Sweet Potato Skillet
Whiskey Cider Pork Chops with Cinnamon Apples
Lemon Garlic Shrimp with Pasta
Tortilla Crusted Tilapia
Ricotta Cheese Ravioli w/Garden Vegetable Sauce
Full = \$300.00 Half = \$150.00
(Each Entree Serves 6) (Each Entrée Serves 3)

Desserts \$13.00 each

- ___ Gourmet Chocolate Chip Cookie Dough
- ___ Emma's Extra Chocolate Chip Cookie Dough
- ___ Chocolate Fudge Pie
- ___ Apple Berry Crisp
- ___ Oatmeal Caramel Delights
- ___ Peanut Buster Pie
- ___ Old Fashioned Sour Cream Peach Pie

Family 10 Meal Deal

Cheese Tortellini Beef Bake

Hawaiian Meatballs with Rice

Triple Cheesy Baked Ziti

Skinny Mini Tortilla Soup

Oven Fried Coconut Chicken Tenders

Longhorn Chicken Burritos

Smothered Pork Chops

Pulled Pork with Red Beans & Rice

Shrimp Pasta Primavera

Crispy Baked Cod

Full = \$300.00 Half = \$150.00

(Each Entree Serves 6) (Each Entrée Serves 3)

Tax Not Included

Appetizers

- ___ Buffalo Chicken Dip \$11
- ___ Spinach Artichoke Dip \$11
- ___ Bleu Cheese & Bacon Dip \$11

Side Items – Serves

Full 6 / Half 3

- ___ Cinnamon Apples \$9
- ___ Corn Soufflé \$9/\$5
- ___ Glazed Carrots \$9
- ___ Italian Green Beans \$9
- ___ Broccoli Parmesan \$9
- ___ Mac & Cheese \$10/\$5
- ___ Sesame Sugar Snap Peas \$9
- ___ Spinach Quinoa \$12/\$7
- ___ Tuscan Vegetables w/ Herb Butter \$9
- ___ Chocolate Chip Energy Bites \$14
- ___ Cranberry Almond Energy Bites \$14

Breads

- ___ Cheddar Garlic Biscuits \$8
- ___ Garlic Toast \$5
- ___ Dinner Rolls \$4
- ___ Cranberry Orange Scones \$10
- ___ Cinnamon Scones \$10
- ___ Blueberry Scones \$10

Potatoes

- ___ Sweet Potato Tater Tots w/Aioli Sauce \$9
- ___ Roasted Baby Bakers \$8
- ___ Roasted Red Potato Wedges \$9
- ___ Sweet Potato Fries \$9
- ___ World's Best Mashed Potatoes \$10/\$5
- ___ Au Gratin Potatoes \$12

Lite & Fit 10 Meal Deal

All entrees are under 800mg of Sodium and under 400 calories per serving.

Hawaiian Meatballs with Rice

Chicken Spiedini

Cran B Que Chicken

French Onion Chicken

White Chicken Chili

Sweet Potato Skillet

Whiskey Cider Pork Chops w/ Cinnamon Apples

Lemon Garlic Shrimp with Pasta

Tortilla Crusted Tilapia

Ricotta Cheese Ravioli w/Garden

Vegetable Sauce

Full = \$300.00 Half = \$150.00

Tax not included.

(L&F) Lite & Fit Entrée Low sodium low calorie (GF) Gluten Free (DF) Dairy Free (V) Vegetarian or (VA) Vegetarian Available A request for a substitution is available to make an item gluten free, dairy free or vegetarian. While we strive to ensure our gluten/dairy free items are safe for your diet, we cannot guarantee with 100% confidence that cross-contamination between ingredients will not occur. *Prices Subject to change

Full Size serves 6 Half Size serves 3